

Joining Wild Learning at Young Wood



What is Wild Learning?

A programme for you to learn more about woodland plants and animals, have a go at natural crafts - making things with wood, practical skills like felling small trees and clearing paths, cooking on a campfire and going for a walk through the forest. We aim to help each person to find out more about what they like doing, learn skills, be more relaxed or mindful, and develop social connections. We are based in 100 acres of forest and you will spend your day outdoors. Our staff and volunteer team are friendly, experienced tutors in all the activities, and are also first aid trained. We do our best to make sure that sessions are a mix of people, some new to the programme and some returners.

The Free Bus

A Knight Brothers minibus or coach picks up people in Taunton. The minibus or coach will always have Knight Brothers Travel on the side. There are three possible pick-up places:

- Priorswood Community Shops - car park near the Co-op 9.25am
- Brewers Fayre on the road by the entrance to the car park on Massingham Park 9.35am
- Roman Road - in the bus stop outside The Acorns Children Centre. 9.45am

The John Muir Award

You can work towards the John Muir Awards if you come to more than four sessions.

The award has four elements:

- Discover a Wild Place - Explore it - Conserve it - Share your experiences

We will talk more about it each week and encourage you to keep notes of your experiences in nature, although this is not necessary. More information on the John Muir Trust website

<https://www.johnmuirtrust.org/john-muir-award>

What to Wear

Wear things that you don't mind getting dirty and muddy. It is always cooler in the woods in summer and sometimes warmer in the winter, so bring a few layers and a waterproof coat. Essentials - long trousers (all year round); socks & sturdy footwear like walking boots or strong trainers - no open sandals. We can lend coats and boots if needed - wear or bring thick socks.

Drinks, Lunch & Loos

We have running water and a campfire to cook on, so there is tea and coffee through the day. We will cook a healthy lunch together as part of the day. We have two composting loos which are kept clean and well stocked. They don't usually get smelly and are very much like a flush loo, except much better for the planet!

Ticks

Ticks are a very small creatures that live on deer and given the chance can bite people. They occasionally carry diseases that affect people, the most commonly known being Lyme disease. Please always wear long trousers and tuck into socks. We provide insect repellent too.

Why is it free?

We have a contract from Somerset Skills & Learning to run woodland learning sessions for people who experience some kind of disadvantage. They can also help you to progress to other courses like Math and English. Find out more on their site <https://sslcourses.co.uk>. Any questions please ask us before the session or the Leader on the day.

Any questions call or email jenny@nerochewoodlanders.org 07541 080397
<http://www.nerochewoodlanders.org/wild-learning.html>